

GH-625XT

GPS Sports Training Watch

- SiRF Star IV
- 48-Channel All-In-View Tracking
- NMEA 0183
- WAAS/ENGOS
- .98" x 1.37" Display
- Stores Up To 120,000 Trackpoints
- Li-Polymer Rechargeable Battery
- Water-resistant, IPX7 design
- Large Over-sized LCD For Easy Reading

The GH-625XT is a multi-use GPS Sports Training Watch that can be used in most any outdoor application to monitor, track and analyze your exercise and training routines or simply to log traveled routes. With the ability to record, store and upload data via the USB port on your computer, your detailed information can be displayed with the included Gym Trainer program, or can also be exported into popular formats such as GPX, CVS, TXT or KML for use with other popular web-sites and software. With a host of training tools such as alarms for distance, lap times, speed, heart rate, etc. either above or below goal levels, dashboard views of workouts showing speed, altitude and calorie burn calculations based on the selected sport activity.



GPS Sports Watch

General Specifications

USB Connector.....USB to DIN4 cable
 Operation Time.....15hrs - 5 days depending on usage
 Charge Time.....2.5hrs
 Operating Temperature.....14°F to -140°F / -10°C to 60°C
 Humidity.....5% to 95%

GPS Specifications

GPS Chipset.....SiRF Star IV
 Frequency.....L1, 1575.42 MHz
 C/A Code.....1.023 MHz chiprate
 Channels.....48 channel all-in-view tracking

Display

Display Size.....0.98" x 1.57"
 (24.9mm x 39.88mm)
 Pixels.....128 x 96
 Display Type.....Black & White LCD
 Backlit Display.....Single Level

Power Source

Prime Power.....Internal Lithium-Polymer Rechargeable Battery
 Heart Monitor Power.....Lithium-Ion Non-Rechargeable CR2032
 Operating Voltage.....3.7V - 5VDC
 Battery Capacity.....N/A mAh
 Current Consumption.....N/A

Antenna

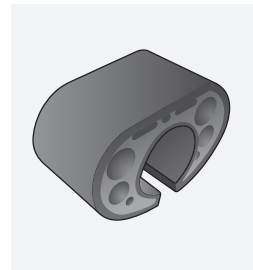
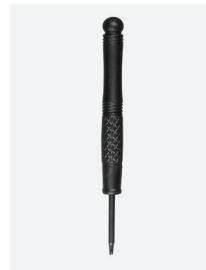
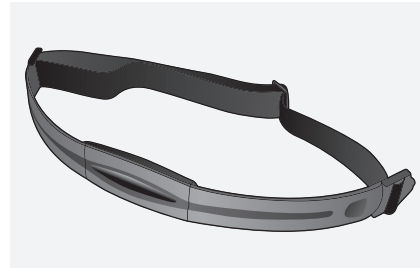
GPS Antenna Type.....Built-in patch antenna

Physical Characteristics

Enclosure.....Durable Polycarbonate
 Dimensions.....3.01" x 2.42" x 0.68"
 (76.5mm x 61.5mm x 17.5mm)
 Weight.....2.92 Ounces (83g)



PACKAGE CONTENTS:



	USB	
	48 CHANNEL	
	Li-Poly	
WIN	SiRF IV	Athletic

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